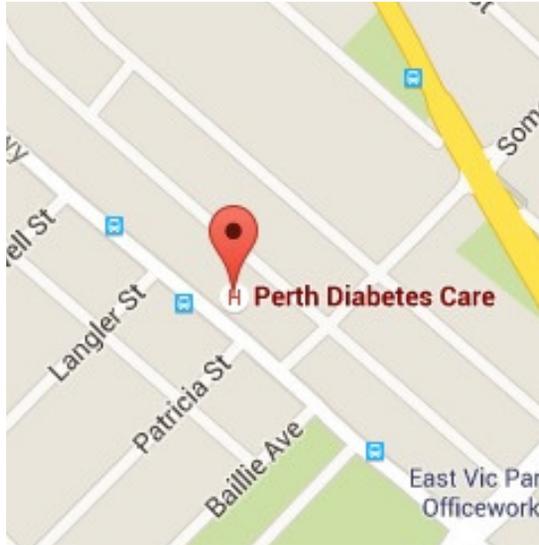


Perth Diabetes Care

Perth Diabetes Care is a patient centered multidisciplinary clinic providing services for individuals living with all types of diabetes, chronic conditions and those wanting to maintain general health



PERTH DIABETES CARE
SPECIALISING IN DIABETES CARE AND ALLIED HEALTH SERVICES

HQ: 968b Albany Hwy
East Victoria Park, WA 6101
P: (08) 6110 0570
F: (08) 9355 5718

E: admin@perthdiabetescare.com.au
www.perthdiabetescare.com.au

Mobile Clinics also available around Perth Metro Area



SAVE TIME - Book your next appointment online!

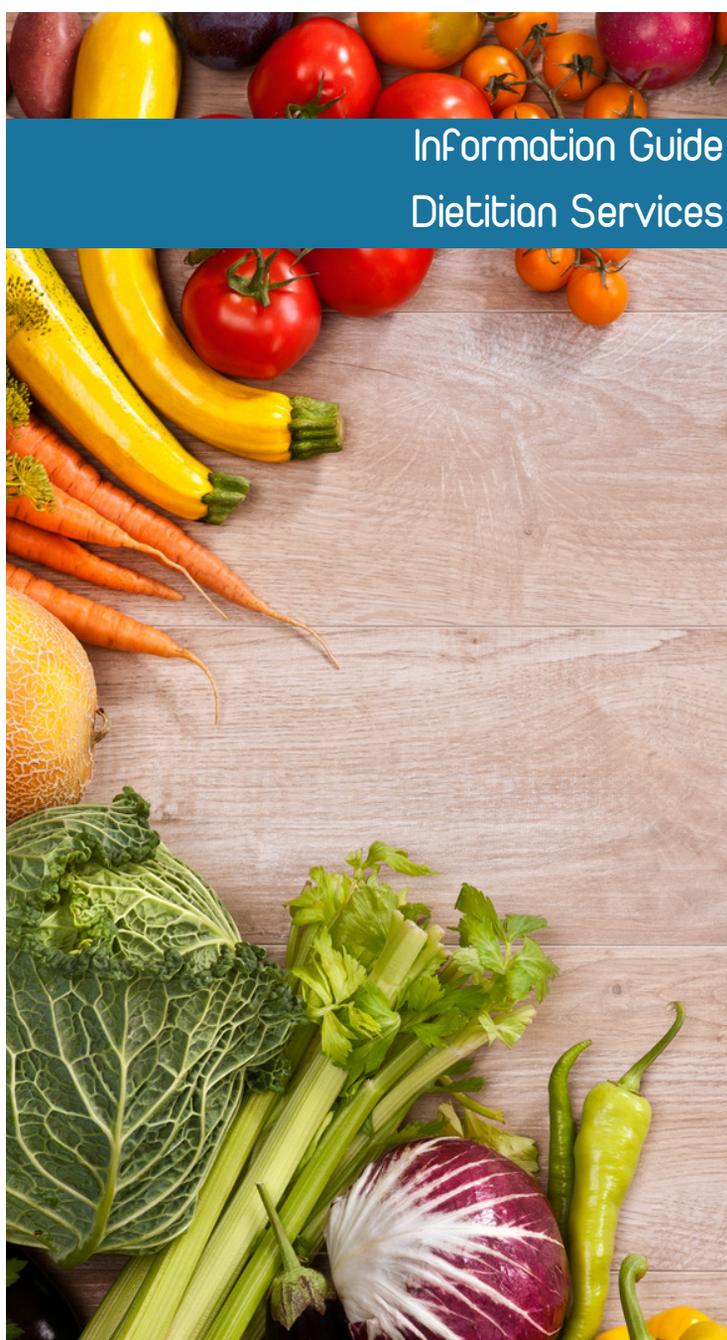
 [VISIT HEALTHENGINE.COM.AU](http://VISIT.HEALTHENGINE.COM.AU)



 OR **DOWNLOAD** THE HEALTHENGINE APP



Information Guide
Dietitian Services



PERTH DIABETES CARE
SPECIALISING IN DIABETES CARE AND ALLIED HEALTH SERVICES



How can a Dietitian help me?

Dietitians assist people in understanding the link between health and food. They educate on how to achieve and sustain a healthy lifestyle through dietary choices. A healthy diet can prevent and improve disease and illness.

Our Dietitians not only assist in diabetes related education, advice and consultation but a variety of other health related issues as well. These include:

- Coeliac Disease
- Crohns Disease and ulcerative colitis
- Food Allergies
- Irritable bowel syndrome
- Heart disease (cholesterol and blood pressure)
- Weight control
- Carbohydrate Counting including preparing for an insulin pump
- Nutritional Analysis
- Vegetarian/Vegan diets
- Meal planning

Dietitian support for diabetes

Maintaining a healthy diet is a fundamental part of diabetes management. It can aid with controlling blood glucose levels and achieving and maintaining a healthy weight.

As each person's diabetes needs are different, it is important for dietary advice and guidance to be tailored to each person's specific needs.

Our Accredited Practising Dietitians will consider all aspects of your lifestyle and health to help regulate your diabetes and continue to be healthy.

Do I need a referral?

You can request an appointment without a referral and you may be eligible for rebates through your private health insurance. If you have a referral from your GP, you may also be able to access rebates through Medicare.

What's involved in an appointment?

Our initial consult consists of a thorough individualised dietary review and these appointments are usually for 1 hour, any review appointments are at least 30 minutes.

Information surrounding food groups, practical preparation, nutritional recipes and suitable food choices will be discussed. All appointments are individualised for your own needs and cultural backgrounds.

Appointment fee

Costs vary according to your situation and the rebates that you may be eligible to access. Please feel free to discuss your options with our reception staff on (08) 6110 0570

